












FARM FRIDAY FUN

WITH ARIZONA AGRICULTURE

PECANS

-  Pecan trees produce nuts every other year.
-  Pecan trees take 12 yrs. to mature and can live to be over 200 yrs. old.
-  The name "pecan" is a Native American word that was used to describe nuts requiring a stone to crack.
-  The outer husk of a pecan starts out green. It turns brown at maturity and splits into four sections with the thin-shelled seed inside.
-  Arizona ranks 4th Nationally in pecan production.
-  An acre of farmed pecan trees will yield roughly 1,000 lbs. of pecans.
-  It takes about 78 pecans to make a pecan pie.
-  To produce fruit in half the time, farmers bud or graft seedlings onto established rootstock.
-  Pecans are heart healthy and contain 19 vitamins and minerals.
-  Pecans are the only tree nut truly native to the U.S.
-  The U.S. produces more than 80 percent of the world's pecans.
-  The wood from a pecan tree is used to make furniture, flooring, and flavoring fuel for smoking meats.
-  Astronauts took pecans to the moon in two Apollo space missions
-  Arizona's Green Valley Pecan Company is the World's largest irrigated pecan orchard.
-  One ounce of pecans provides 10% of the recommended daily fiber intake!

