

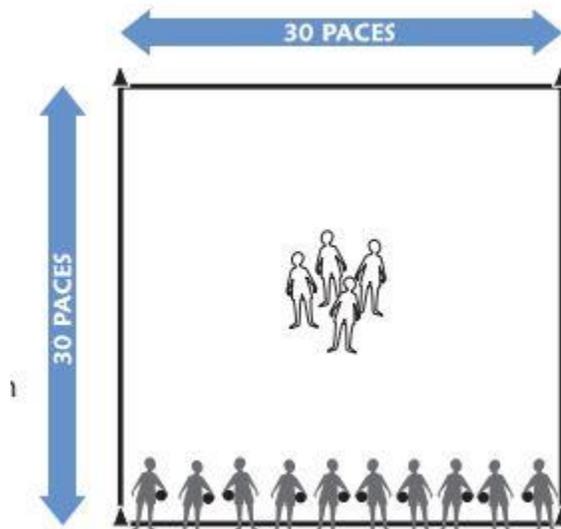
Sheep Dog Activity



The role of a sheep dog in safely herding, or moving, sheep from one area or pasture to another is very important! You will now play your part in that process by becoming either a “sheep dog” or a “shepherd” in this activity.

Supplies needed: 2 balloons or beachballs per person (representing your “sheep”) and four items to mark the boundary of your space.

Set-up: Find a large open space for this activity. If possible, use four cones (or similar items) to mark the boundaries of your space. Send 1 or 2 of your players to the middle of the area to be “sheep dogs.” Scatter the remaining players and have them serve as the “shepherds.” Each shepherd should have a balloon along one sideline. The balloon will represent their sheep.



Sheep Dogs: The goal of the Sheep Dogs is to move the “sheep” (balloons) safely across the “pasture” (activity area) without them being captured by a “shepherd.” Once the game starts, each “sheep dog” will need to use their hands (or paws) to tap the balloons across the pasture from one side of the space to the other.

Shepherds: It is your job to keep track of your herd and make sure the “sheep dogs” are successfully moving the sheep. At any time you can try to capture the sheep they are herding, in which case you will switch places and then take the balloon (sheep) back to the starting line and become a “Sheep Dog.” “Sheep Dogs” that have their balloon (sheep) captured will then become the “Shepherd”

To Win: If a “Sheep Dog” successfully makes it across the pasture to the other side with their balloon (sheep), they should run back to the starting line and try crossing again. You can decide the winner by choosing how many times a “sheep dog” must successfully cross the pasture, or how many balloons (sheep) they must herd. For an added challenge, you can have each “sheep dog” move two balloons (sheep) at a time.

Added Challenge: You can up the difficulty level of this activity by adding obstacles to the pasture or requiring each player to make a noise respective of their role (i.e. “sheep dogs” bark and “shepherds” baa to call their sheep).

*This lesson was modified from a SPARK Activity.

